

## WHAT IS ADVANCE CARE PLANNING?

**Advance Care Planning  
is about planning ahead  
for your future healthcare,  
in case you are ever too sick to  
speak for yourself.**

**For more information speak to a  
staff member at  
Bass Coast Health or your local  
General Practitioner.**

## USEFUL RESOURCES

A free "Take Control" Power of Attorney resource booklet and other helpful resources are available by contacting the Office of the Public Advocate on 1300 309 337 or connecting to the web address: [www.publicadvocate.vic.gov.au/publications/124](http://www.publicadvocate.vic.gov.au/publications/124)

The Department of Health and Human Services (Victoria) website has Advance Care Planning information at [www.health.vic.gov.au/acp](http://www.health.vic.gov.au/acp)

### Locations

<b>Cowes</b>	03 5951 2100	14 Warley Ave Vic. 3922
<b>Corinella</b>	03 5671 9200	48 Smythe St Vic. 3984
<b>Grantville</b>	03 5671 9200	Cnr Bass Hwy & Pier Rd Vic. 3984
<b>Inverloch</b>	03 5671 3343	14 Reilly St Vic. 3996
<b>San Remo</b>	03 5671 9200	1 Back Beach Rd Vic. 3925
<b>Wonthaggi</b>	03 5671 3333	235 Graham St Vic. 3995 (Hospital)



If you need an interpreter, please call the Translating and Interpreting Service (TIS National) on 131 450 and ask them to telephone Bass Coast Health on 03 5671 3333.

### Feedback

Feedback forms, our fees policy and donation form can be found on our website [www.basscoasthealth.org.au](http://www.basscoasthealth.org.au).

### Funding Recognition

Many of Bass Coast Health programs are supported by funding from the Commonwealth and State Government.

### Aboriginal Acknowledgement



Bass Coast Health acknowledges Aboriginal people as the traditional custodians of the land on which we operate. We commit to working respectfully to honour their ongoing cultural and spiritual connections to this country.

### Helpful Emergency Contact Information

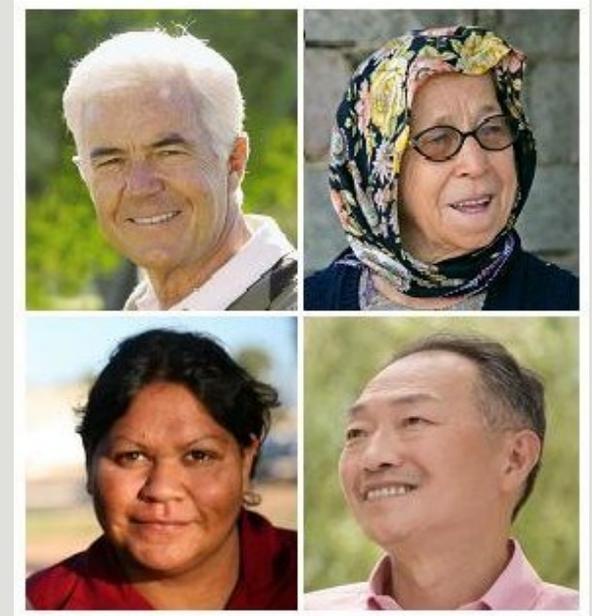
Emergency Services	000
GP Help Line	1800 022 222
Nurse on-call	1300 606 024
Lifeline	13 11 14
Beyond Blue	1300 224 636



Bass Coast Health  
Graham St Wonthaggi Vic. 3995  
PO Box 120 Wonthaggi Vic. 3995  
t 03 5671 3333 f 03 5671 3300  
e [info@basscoasthealth.org.au](mailto:info@basscoasthealth.org.au)  
w [www.basscoasthealth.org.au](http://www.basscoasthealth.org.au)

# Advance Care Planning

## Who will make medical decisions for you?



*What would happen if you became very sick or had a serious accident and could not talk to your doctor about your own treatment?*

**WHO WOULD MAKE MEDICAL DECISIONS FOR YOU and HOW WOULD THEY KNOW WHAT YOU WANT?**

## **ADVANCE CARE PLANNING**

### **ADVANCE**

#### **A**    **Appoint an Agent**

You can sign a legal form making it clear who **YOU** want to make **MEDICAL DECISIONS** for you if you are too sick to do it yourself.

- This is a 'Medical Enduring Power of Attorney'
- The person must be over 18 years old & nominated in writing.
- They can consent to or refuse treatment on your behalf, should you be unable to express your wishes.

### **CARE**

#### **C**    **Chat & Communicate**

Talk to your family, friends and doctors about your values, beliefs and health care preferences.

Tell them about what is important to you & who you would like involved in the decision making. Think about future situations or outcomes that you may find unacceptable in relation to your health.

Also, talk to your doctors or other health professionals to find out more about what might be ahead.

### **PLANNING**

#### **P**    **Put it on Paper**

If there is something you feel strongly about, you can write it down in an Advanced Care Plan or in a letter describing what type of medical treatment you would agree to, and what you would not want.

ACP documents can include:

- Powers of Attorney
- Handwritten letter
- Statement of Health Choices / Advanced Care Plan
- Refusal of Treatment Certificate

Make certified copies for your family, GP and to take to Hospital.